

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Harlad Van Staden

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

**TIME** 04:10:34

**PACE** 07:48/km

**GENDER** 143 of

233

**OVERALL** 192 of 351

**SENIOR (20-** 75 of 118

39)

27 October 2018, Sat

- Bout I

**Signature**